



# FAN FACILITATING ATTUNED INTERACTIONS

*A Tool for Building Relationships + Reflective Practice*

*Facilitated by  
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**Cost per person: \$960**

Cost of training includes:

- attendance at two day Level I FAN Training,
- attendance of the designated supervisor for your group at Supervisor Training,
- monthly supervision for the supervisor over 5-6 months,
- attendance at a third day of training to complete Level II.

**Day One: 9am-5pm**  
**Day Two: 9am-4pm,**  
**followed by Supervisor**  
**Training 4.30-7.30pm**

Maximum 26 places per training.

*Accommodation available  
at the training venue:  
[www.cqwellington.com](http://www.cqwellington.com)*

## LEVEL I CORE TRAINING: 25-26 November 2019

CQ Events & Conference Centre,  
Cuba Street, WELLINGTON

*Bought to you by*

IMHAANZ:  
INFANT MENTAL HEALTH  
ASSOCIATION AOTEAROA  
NEW ZEALAND



FUSSY BABY NETWORK:  
ERIKSON INSTITUTE,  
CHICAGO



AND WITH THANKS TO THE DOVE TRUST FOR THEIR SUPPORT

*For more information about FAN, visit:*  
**[www.imhaanz.org.nz/fan-training](http://www.imhaanz.org.nz/fan-training)**

## WHAT IS THE FAN?

Erikson Institute *Fussy Baby Network's* Linda Gilkerson created the FAN (Facilitating Attuned Interactions) in 2005. The FAN:

- ✓ is a conceptual model and practical tool for building relationships + reflective practice
- ✓ was initially developed as an approach to work with parents of fussy babies
- ✓ is now used in programmes/systems in 19 American States + internationally to promote parent engagement, as well as collaboration between providers and parents
- ✓ is generalizable to the helping relationship in many settings
- ✓ has been used to train professionals working in home visiting, primary care, early intervention, child welfare, early childhood education, early childhood mental health, youth mentoring + supervision.

## AND FAN TRAINING IN NEW ZEALAND?

Offered to practitioners working in a team/service with infants + young children and their families and whanau across a variety of settings and disciplines, AND their clinical supervisor(s).

### Suitable for

- ✓ Well Child/Tamariki Ora providers
- ✓ NGO's providing home visiting programmes, such as Family Start
- ✓ Early Intervention programmes
- ✓ Perinatal and Infant Mental Health Services
- ✓ Early Childhood Education providers
- ✓ Child Protection practitioners.

## HOW FAN TRAINING WORKS

### Level I: 2 Day Core Training

#### *For Practitioners*

Initial training completed in teams with supervisor present

#### Covers:

- ✓ Theory of change
- ✓ FAN core processes
- ✓ ARC of Engagement
- ✓ application at work

#### *For Supervisors*

Initial training + an extra 3 hours at the end of day two

This covers how to conduct *FAN Review Sessions* with supervisees

### Level II: Reflective Practice

*takes place over 5-6 months after core training*

#### *For Practitioners*

Monthly *FAN Review Session* with supervisor

8 *FAN Reflection Tools* completed during this time

Periodic self-assessment of strengths + challenges using the FAN

#### *For Supervisors*

Monthly *FAN Mentoring Sessions* with one of the FAN Trainers (in person or via video call)

*Supervisor FAN Reflection Tool* completed for each supervisee and sent to mentor ahead of each mentoring session

### Integration: Day 3 Training

#### *For Practitioners*

One final day of training with supervisor present

#### *For Supervisors*

Training day includes lunch time check in with FAN Training Team

## WHAT PEOPLE SAY ABOUT FAN TRAINING

*"My coaching/supervising style has changed. I stop, take a step back, listen and ask questions. I don't lead. I stay in feelings more. I let them understand they can do it; they come up with solutions."*

- Alison Paea, Practice Leader, Pacific Section, Family Start Contract Pakeha and Pacific, NAKU ENEI TAMARIKI HOME VISITING SERVICE

*"What I value most from using the FAN is the reminder of self-regulation and the focus on truly being 'present' with the client. I think everyone can benefit from learning and using the FAN and those who have good relational skills will hone particular aspects of their skill set - guided by the knowledge of the different wedges in the FAN. Where it is more difficult to build rapport and engagement, the FAN can turn practice around."*

- Anne Marie Morris, Clinical Leader, PLUNKETLINE

## SIGN UP, REGISTER YOUR INTEREST OR MAKE AN ENQUIRY

Visit: [www.imhaanz.org.nz/fan-training](http://www.imhaanz.org.nz/fan-training)

Contact: [president@imhaanz.org.nz](mailto:president@imhaanz.org.nz)