

the IMHAANZ CONFERENCE 2018

Protection & Nurturance

Weaving the mat for infants, their families and practitioners

PRE-CONFERENCE WORKSHOP

with Sherryl
Scott Heller

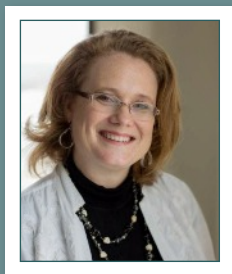
An Essential Feature
of Reflective Practice -
Reflective Supervision

Tuesday 23 October
1-5pm @ Te Papa

Reflective Supervision is recommended practice for those working with families and young children across IMH consultation and services, home visiting programmes, early childhood education services and where relationship based practice and trauma-informed care is in place.

'The aim of reflective supervision is to improve practice and thereby increase the quality of services for young children and families. Reflective supervision accomplishes this goal by building overall organisational capacity and strengthening practitioner competency.' (Gilkerson and Shahmoon-Shanok, 2000)

This workshop will define both reflective supervision and its purposes for those working with infants, young children and their families. This will include what steps a supervisee should take to be an active participant in reflective supervision and describe the actions a supervisor takes to create a safe environment. Video vignettes and participate exercises are used to support participant integration of the information presented.



Sherryl Scott Heller, PhD, is Associate Professor in the Department of Psychiatry & Behavioural Medicine at Tulane University and Director of Tulane Building Early Relationships Support & Services (TBEARS).

She has a longstanding interest in reflective practice and reflective supervision and with Professor Gilkerson co-edited the book, *A Practical Guide to Reflective Supervision* (2009). She is involved in building the evidence base for reflective supervision and the development of measurement tools for this research specifically the Provider Reflective Process Assessment Scales (PRPAS).

This workshop is recommended for practitioners in services seeing infants/young children and their families where consideration is being given to implementing and/or building skills in Reflective Supervision. Those who have clinical or mixed clinical/administrative supervision roles will find it especially useful.

The cost is \$138.00 (incl GST) and there are only 40 places available.

Register online: www.imhaanz-preconf.lilregie.com