

presents

## the IMHAANZ Conference 2015

# OPPORTUNITIES WITHIN THE CHALLENGES

Being Mindful of Infants, their Families & Ourselves

22-24 April 2015

Rydges Lakeland Resort, Queenstown

### Key Dates

CALL FOR  
ABSTRACTS  
OPENS:

1 September  
2014

*See overleaf  
for details on the  
call for abstracts*

CALL FOR  
ABSTRACTS CLOSES:

7 November 2104

EARLYBIRD  
REGISTRATION:  
Opening soon!

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TO DATE:

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**Linda Gilkerson** is Professor, Erikson Institute, Chicago; co-Director/Director of the Irving B. Harris Infant Studies Program; Executive Director of the Fussy Baby Network® and Board Member of Zero To Three. Dr Gilkerson has been involved with improving knowledge and practice with young children with disabilities and with children in the Neonatal Intensive Care Units (NICU), particularly in regards to implementing developmental care in NICUs. She is currently developing and evaluating an infant mental health-informed intervention approach for fussy babies and their parents.

**Julie Ribaud** is Clinical Associate Professor at the University of Michigan and was recipient of the Selma Fraiberg Award in 2013. Her work focuses on prevention and intervention with parents and their infants and young children. As an Endorsed Infant Mental Health Specialist, she provides support to teachers and caregivers of challenging infants, toddlers and children; and assessment and treatment of abused and/or neglected infants, toddlers and young children in foster care or adoption. She is interested in the impact of trauma on practitioners when working with families struggling with adversity and how reflective supervision can enhance our own reflective capacity with families.



**Hisako Watanabe** is a child psychiatrist and Assistant Professor at Keio University, the President of FOUR WINDS for Infant Mental Health, and President of the Japanese WAIMH Affiliate. On March 11<sup>th</sup> Japan will commemorate the third anniversary of the 2011 Great North East Earthquake and Tsunami. Hisako was involved in the mental health response to this disaster and its aftermath has yielded manifold problems in the lives of children. The Conference will have a significant focus on the ongoing effects for infants, families, systems and professionals 4 years on from a major disaster, the Canterbury earthquakes, and we welcome the opportunity to share this work with Dr Watanabe.

**Russell Wills** is New Zealand's Commissioner for Children and a community and general paediatrician at Hawke's Bay District Health Board in Hastings. Russell has led a number of programmes in family violence intervention and intersectoral community interventions for children and young people. He has held leadership roles in community paediatrics with the Paediatric Society of New Zealand and the Royal Australasian College of Physicians, and has contributed to publications, national guidelines and projects on autism, family violence, child abuse and medical aspects of children in Child, Youth and Family care.



### VENUE & ACCOMMODATION

Rydges Lakeland Resort is located on the shores of stunning Lake Wakatipu and welcomes conference attendees to stay in its range of accommodation, among some of the most beautiful scenery in New Zealand. The resort is just five minutes walk from the town centre and 15 km from Queenstown airport (where there are scheduled daily flights to/from Auckland, Rotorua, Wellington and Christchurch). Visit [www.rydges.co.nz/queenstown/](http://www.rydges.co.nz/queenstown/) to find out more.



OPPORTUNITIES WITHIN THE CHALLENGES

Being Mindful of Infants, their Families & Ourselves

CALL FOR ABSTRACTS

Abstracts are invited for poster, oral presentation or workshop  
on one of the five conference themes:

A. PROMOTING OPTIMAL SOCIAL AND EMOTIONAL DEVELOPMENT FOR INFANTS

- in health (including antenatal and perinatal mental health, infants of parents with mental health and addictions)
- in Social Services
- in the Education sector (including Early Childhood Care and Education, Teen Parent Schools and Services)
- in the legal system
- in the prisons

B. INFANTS, THEIR FAMILIES AND OURSELVES FOLLOWING DISASTERS

- what is needed to support social and emotional health for infants and their families following disaster?
- Chronic stress and natural disaster: interventions and challenges for infants, their families and professionals

C. HOME VISITING AND INFANT MENTAL HEALTH

- initiatives and programmes addressing infant social and emotional wellbeing in home visiting programmes
- addressing adult and infant mental health problems
- supporting the home visitor

D. INTERVENTIONS, APPROACHES AND SERVICES FOR FAMILIES WITH UNDER 4-YEAR-OLDS IN NZ

- who is doing what and where?
- bi-cultural and cross-cultural models of practice
- parenting programmes and interventions
- research and evaluation.

E. WORKFORCE DEVELOPMENT

- training initiatives
- developing competency as an Infant Mental Health Specialist
- how can professionals be supported in their work with infants and families?
- reflective supervision.



Abstracts should follow this format:

**Author(s)**

- corresponding author named first

**Contact details**

- for corresponding author

**Title**

**Type of Presentation**

- Poster
- Oral: 30 mins
- Workshop: 90 mins

**Abstract**

- no longer than 300 words
- if appropriate, you may like to organise the information in this section under headings such as
  - Introduction
  - Method
  - Results
  - Conclusion.

Please submit your abstract by email to:

**secretary@imhaanz.org.nz by 7 November 2014.**

Abstracts will be reviewed anonymously by the Abstract Review Committee and authors notified of the outcome by 28 November 2014.

Please note: All presenters of accepted abstracts will need to register for the conference.